

Canine Massage Therapy Training Course

Professional Development Training Course Outline

Category	Veterinary and Animal Science	Duration	5 Days
Base Fee	\$1,500 USD	Delivery Mode	Online / On-site Hybrid

Course Introduction

Canine Massage Therapy is an emerging, high-demand wellness practice that promotes optimal health, mobility, and mental well-being in dogs. Canine Massage Therapy Training Course equips participants with advanced hands-on techniques, canine anatomy insights, and evidence-based therapeutic methods. By combining holistic approaches with modern veterinary knowledge, trainees will learn to enhance recovery, reduce pain, and improve the overall quality of life for dogs. This course is ideal for aspiring canine therapists, veterinary professionals, and pet care enthusiasts looking to establish a specialized niche in the pet wellness industry.

Canine Massage Therapy course integrates practical demonstrations, interactive workshops, and real-life case studies to ensure mastery of essential skills. Participants will gain expertise in trigger point therapy, myofascial release, rehabilitation techniques, and stress reduction strategies tailored for different breeds and ages. Through guided mentorship and a structured learning methodology, learners will become certified canine massage practitioners capable of delivering measurable improvements in canine health, mobility, and behavior.

Programme Curriculum

Canine Massage Therapy Training Course

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Course Objectives

1. Master foundational and advanced canine massage techniques.
2. Understand canine anatomy, physiology, and musculoskeletal system.
3. Develop skills in pain management and rehabilitation therapy.
4. Learn breed-specific massage approaches and best practices.
5. Apply myofascial release and trigger point therapy effectively.
6. Enhance canine mental wellness and stress reduction through massage.
7. Integrate canine massage with veterinary care protocols.
8. Build a professional client management and consultation process.
9. Analyze case studies to implement evidence-based therapies.
10. Promote mobility, flexibility, and recovery in injured or senior dogs.
11. Learn ergonomic techniques to prevent therapist fatigue.
12. Create individualized canine wellness plans.
13. Launch a career in pet therapy, veterinary support, or private practice.

Target Audience

1. Aspiring canine massage therapists
2. Veterinarians and vet technicians
3. Pet physiotherapists and rehabilitation specialists
4. Dog trainers and behaviorists
5. Professional pet groomers seeking additional skills
6. Animal shelter and rescue staff
7. Pet wellness entrepreneurs
8. Dog owners passionate about holistic care

Course Modules

Module 1: Introduction to Canine Massage

- Overview of canine massage therapy trends
- History and evolution of canine wellness practices
- Understanding benefits for dogs and owners
- Professional ethics and safety guidelines
- Case study: Stress reduction in shelter dogs

Module 2: Canine Anatomy & Physiology

- Musculoskeletal structure and function
- Key muscle groups and joints for massage therapy
- Breed-specific anatomical variations
- Understanding pain signals and behavioral cues
- Case study: Rehabilitation of post-surgery orthopedic dogs

Module 3: Massage Techniques & Modalities

- Effleurage, petrissage, and tapotement
- Myofascial release and trigger point therapy
- Lymphatic drainage techniques
- Hydrotherapy integration for rehabilitation
- Case study: Mobility improvement in senior dogs

Module 4: Pain Management & Rehabilitation

- Identifying common canine injuries
- Developing post-operative recovery plans
- Integrating massage with physical therapy exercises
- Chronic pain management strategies
- Case study: Managing arthritis in elderly dogs

Module 5: Behavioral Understanding & Stress Relief

- Canine psychology and body language interpretation
- Stress reduction through massage
- Calming techniques for anxious or fearful dogs
- Enhancing the human-animal bond
- Case study: Reducing separation anxiety in dogs

Module 6: Nutrition & Holistic Wellness Integration

- Impact of diet on muscular and joint health
- Supplements and herbal support for recovery
- Combining massage with holistic wellness practices
- Preventative care for active and senior dogs
- Case study: Holistic care for working dogs

Module 7: Professional Practice & Client Management

- Building a canine massage business
- Client consultation, assessment, and documentation
- Marketing strategies for pet wellness services
- Legal and ethical considerations
- Case study: Launching a private practice

Module 8: Practical Workshops & Case Studies

- Hands-on sessions with live dogs
- Designing individualized massage plans
- Monitoring and evaluating outcomes
- Troubleshooting common challenges

- Case study: Transforming mobility in rescue dogs

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.com or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- a. The participant must be conversant with English.
- b. Upon completion of training the participant will be issued with an Authorized Training Certificate
- c. Course duration is flexible and the contents can be modified to fit any number of days.
- d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- e. One-year post-training support Consultation and Coaching provided after the course.
- f. Payment should be done at least a week before commence of the training, to FINESKILL TRAINING CENTER account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
07 Sep 2026	11 Sep 2026	Physical	\$1,500
14 Sep 2026	18 Sep 2026	Physical	\$1,500

Start Date	End Date	Location	Price
21 Sep 2026	25 Sep 2026	Physical	\$1,500
28 Sep 2026	02 Oct 2026	Physical	\$1,500
05 Oct 2026	09 Oct 2026	Physical	\$1,500
12 Oct 2026	16 Oct 2026	Physical	\$1,500
19 Oct 2026	23 Oct 2026	Physical	\$1,500
26 Oct 2026	30 Oct 2026	Physical	\$1,500

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: info@fineskilltrainingcenter.com | Website: www.fineskilltrainingcenter.com