

# Health Disparities and Inequality Metrics Training Course

## Professional Development Training Course Outline

|          |                                   |               |                         |
|----------|-----------------------------------|---------------|-------------------------|
| Category | Demography and Population Studies | Duration      | 5 Days                  |
| Base Fee | \$1,500 USD                       | Delivery Mode | Online / On-site Hybrid |

### Course Introduction

Health disparities and inequality have emerged as critical challenges in public health, directly influencing population health outcomes, healthcare accessibility, and quality of care. Health Disparities and Inequality Metrics Training Course provides an in-depth exploration of social determinants of health, epidemiological tools, and advanced analytical methods to measure and address inequalities. Participants will gain practical skills in identifying health inequities, interpreting data, and designing targeted interventions that promote health equity. Through a combination of theoretical frameworks, real-world case studies, and interactive learning methods, this course equips healthcare professionals, policymakers, and researchers with actionable strategies to mitigate disparities across diverse populations.

As global health systems face increasing pressure to address inequities, understanding and applying health disparity metrics has become essential for decision-makers and organizational leaders. This training emphasizes evidence-based approaches, cross-sector collaboration, and policy-oriented solutions to improve population health outcomes. Participants will develop expertise in leveraging statistical tools, data visualization, and predictive modeling to uncover disparities, enabling organizations to design inclusive programs and allocate resources effectively. By the end of this course, learners will be prepared to champion equitable health initiatives and implement sustainable solutions in both community and institutional settings.

### Programme Curriculum

#### Health Disparities and Inequality Metrics Training Course

##### Introduction

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population health outcomes, healthcare accessibility, and quality of care. Health Disparities and Inequality Metrics Training Course provides an in-depth exploration of social determinants of health, epidemiological tools, and advanced analytical methods to measure and address inequalities. Participants will gain practical skills in identifying health inequities, interpreting data, and designing targeted interventions that promote health equity. Through a combination of theoretical frameworks, real-world case studies, and interactive learning methods, this course equips healthcare professionals, policymakers, and researchers with actionable strategies to mitigate disparities across diverse populations.

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### **Course Objectives**

1. Understand social determinants of health and their impact on population outcomes
2. Analyze health disparities using advanced epidemiological and statistical methods
3. Apply inequality metrics to real-world public health data
4. Interpret demographic, socioeconomic, and environmental factors in health equity research
5. Design targeted interventions to reduce health inequities
6. Evaluate community-based and population-level health programs
7. Utilize health informatics tools for data collection and visualization
8. Implement predictive modeling to identify at-risk populations
9. Integrate policy analysis into health disparity solutions
10. Assess the effectiveness of equity-driven initiatives
11. Develop culturally competent strategies for diverse populations
12. Enhance stakeholder engagement for sustainable health outcomes
13. Promote ethical practices in addressing public health disparities

### **Organizational Benefits**

- Improved decision-making based on accurate disparity metrics
- Enhanced ability to implement equitable health policies
- Increased organizational capacity to monitor health outcomes
- Better allocation of resources to high-risk populations
- Strengthened community engagement and trust

- Development of targeted, data-driven health interventions
- Enhanced reporting and compliance with health equity standards
- Improved staff competencies in health equity analysis
- Facilitation of cross-sector collaboration and partnerships
- Strengthened reputation as a leader in public health equity

### **Target Audiences**

- Public health professionals
- Healthcare administrators
- Policy makers and government officials
- Epidemiologists and data analysts
- Community health workers
- Academic researchers and educators
- Nonprofit and NGO program managers
- Healthcare quality improvement specialists

**Course Duration: 5 days**

### **Course Modules**

#### **Module 1: Introduction to Health Disparities**

- Defining health disparities and inequality metrics
- Historical context and global perspectives
- Social determinants of health overview
- Key indicators of health inequities
- Impacts on population health outcomes
- Case Study: Health inequities in urban vs rural communities

#### **Module 2: Epidemiological Methods for Measuring Inequality**

- Basic and advanced epidemiological approaches
- Data collection and sampling techniques
- Risk factor analysis for vulnerable populations
- Quantitative vs qualitative measures
- Using GIS mapping for disparity visualization

- Case Study: Measuring childhood obesity disparities

### **Module 3: Statistical Tools for Health Inequalities**

- Introduction to descriptive and inferential statistics
- Regression models for health outcome disparities
- Inequality indices (Gini, Theil, concentration index)
- Data visualization techniques
- Predictive analytics for risk assessment
- Case Study: Socioeconomic status and diabetes prevalence

### **Module 4: Social Determinants of Health Analysis**

- Income, education, and occupation influences
- Environmental and geographic factors
- Access to healthcare and health literacy
- Community and neighborhood impacts
- Policy implications on social determinants
- Case Study: Access to preventive care in marginalized communities

### **Module 5: Policy and Intervention Strategies**

- Developing equity-focused health policies
- Program planning and evaluation methods
- Stakeholder engagement strategies
- Best practices for intervention implementation
- Monitoring and reporting frameworks
- Case Study: Reducing maternal mortality through targeted interventions

### **Module 6: Health Informatics and Data Management**

- Electronic health records and population databases
- Data integration from multiple sources
- Privacy and ethical considerations
- Health dashboards and reporting tools
- Utilizing AI and predictive analytics
- Case Study: Using EHR data to identify at-risk populations

## **Module 7: Community-Based Approaches to Health Equity**

- Participatory research methods
- Collaboration with local organizations
- Cultural competence in community engagement
- Evaluation of community interventions
- Health promotion and education strategies
- Case Study: Community-led programs for chronic disease prevention

## **Module 8: Advanced Applications and Future Trends**

- Emerging technologies in health disparities research
- Artificial intelligence and machine learning applications
- Global health equity initiatives
- Cross-sector partnerships for sustainable impact
- Forecasting and modeling health trends
- Case Study: AI-driven solutions to predict health inequities

## **Training Methodology**

- Interactive lectures and presentations
- Group discussions and breakout sessions
- Hands-on exercises and data analysis
- Case study reviews and problem-solving activities
- Simulation exercises for intervention planning
- Q&A sessions with subject matter experts

## **Register as a group from 3 participants for a Discount**

Send us an email: [info@fineskilltrainingcenter.com](mailto:info@fineskilltrainingcenter.com) or call +254769199797

## **Certification**

*Upon successful completion of this training, participants will be issued with a globally- recognized certificate.*

## **Tailor-Made Course**

*We also offer tailor-made courses based on your needs.*

## **Key Notes**

- a. The participant must be conversant with English.

- b. Upon completion of training the participant will be issued with an Authorized Training Certificate
- c. Course duration is flexible and the contents can be modified to fit any number of days.
- d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- e. One-year post-training support Consultation and Coaching provided after the course.
- f. Payment should be done at least a week before commence of the training, to FINESKILL TRAINING CENTER account, as indicated in the invoice so as to enable us prepare better for you.

## Upcoming Scheduled Sessions

| Start Date  | End Date    | Location | Price   |
|-------------|-------------|----------|---------|
| 07 Sep 2026 | 11 Sep 2026 | Online   | \$1,100 |
| 14 Sep 2026 | 18 Sep 2026 | Online   | \$1,100 |
| 21 Sep 2026 | 25 Sep 2026 | Online   | \$1,100 |
| 28 Sep 2026 | 02 Oct 2026 | Online   | \$1,100 |
| 05 Oct 2026 | 09 Oct 2026 | Online   | \$1,100 |
| 12 Oct 2026 | 16 Oct 2026 | Online   | \$1,100 |
| 19 Oct 2026 | 23 Oct 2026 | Online   | \$1,100 |
| 26 Oct 2026 | 30 Oct 2026 | Online   | \$1,100 |

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: [info@fineskilltrainingcenter.com](mailto:info@fineskilltrainingcenter.com) | Website: [www.fineskilltrainingcenter.com](http://www.fineskilltrainingcenter.com)