

HR Research Methods Training Course

Professional Development Training Course Outline

Category	Human Resource Management	Duration	5 Days
Base Fee	\$1,500 USD	Delivery Mode	Online / On-site Hybrid

Course Introduction

In the rapidly evolving world of Human Resources, data-driven decision-making has become a cornerstone of organizational success. HR Research Methods Training Course empowers HR professionals to master advanced research techniques, data analytics, and evidence-based HR strategies. This course equips learners with the tools to design robust HR studies, measure employee engagement, analyze workforce trends, and generate actionable insights that drive business performance and talent optimization.

Through a blend of practical exercises, case studies, and real-world applications, participants will gain proficiency in quantitative and qualitative research methods, HR metrics analysis, and organizational diagnostics. This training fosters critical thinking, strategic planning, and predictive analytics capabilities, enabling HR professionals to become trusted advisors in shaping policies, improving retention, and enhancing employee experience. By the end of the course, participants will confidently translate research findings into impactful HR interventions.

Programme Curriculum

HR Research Methods Training Course

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Course Objectives

1. Master quantitative and qualitative HR research techniques.
2. Develop skills in employee engagement analytics.
3. Conduct workforce trend analysis to support strategic decisions.
4. Apply predictive HR analytics for talent forecasting.
5. Design valid and reliable HR surveys and questionnaires.
6. Analyze organizational behavior patterns using research insights.
7. Implement evidence-based HR practices.
8. Utilize HR metrics dashboards for performance measurement.
9. Interpret big data in HR to improve retention strategies.
10. Enhance decision-making through HR research insights.
11. Conduct competitor benchmarking and HR market research.
12. Apply statistical modeling in HR analytics.
13. Generate actionable employee satisfaction and productivity reports.

Target Audience

1. HR Managers and Specialists
2. Talent Acquisition Professionals
3. Learning & Development Coordinators
4. Organizational Development Consultants
5. HR Analysts
6. Employee Engagement Managers
7. Compensation & Benefits Professionals
8. HR Business Partners

Course Modules

Module 1: Introduction to HR Research Methods

- Overview of HR research frameworks
- Importance of evidence-based HR practices
- Understanding qualitative vs. quantitative research
- Identifying research objectives in HR contexts
- **Case Study:** Improving employee engagement using survey research

Module 2: Research Design and Planning

- Formulating research questions and hypotheses
- Sampling techniques in HR studies
- Designing surveys and questionnaires
- Planning interviews and focus groups

- **Case Study:** Designing a training needs assessment

Module 3: Quantitative Research Methods

- Statistical tools for HR analysis
- Data collection methods and reliability testing
- Introduction to regression and correlation
- Employee performance measurement metrics
- **Case Study:** Predicting turnover using regression analysis

Module 4: Qualitative Research Methods

- Conducting interviews and focus groups
- Thematic analysis techniques
- Case study analysis in HR
- Ethical considerations in HR research
- **Case Study:** Analyzing employee feedback for cultural transformation

Module 5: HR Metrics and Analytics

- Key HR metrics
- HR dashboard design
- KPI tracking and visualization
- Using HR analytics software
- **Case Study:** Improving workforce productivity using HR dashboards

Module 6: Employee Engagement and Satisfaction Research

- Measuring engagement with surveys
- Pulse surveys and continuous feedback
- Linking engagement to performance outcomes
- Action planning from survey data
- **Case Study:** Enhancing employee satisfaction at a multinational firm

Module 7: Strategic HR Decision-Making

- Evidence-based HR decision-making
- Benchmarking HR practices
- Linking research to HR policies
- Scenario planning and forecasting
- **Case Study:** Implementing retention strategies based on research insights

Module 8: Reporting, Communication, and HR Impact

- Writing research reports for HR leadership
- Visualizing insights effectively
- Presenting findings to stakeholders
- Translating research into actionable HR interventions
- **Case Study:** Communicating talent analytics results to executives

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.com or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- a. The participant must be conversant with English.
- b. Upon completion of training the participant will be issued with an Authorized Training Certificate
- c. Course duration is flexible and the contents can be modified to fit any number of days.
- d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- e. One-year post-training support Consultation and Coaching provided after the course.
- f. Payment should be done at least a week before commence of the training, to FINESKILL TRAINING CENTER account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
07 Sep 2026	11 Sep 2026	Online	\$1,500
14 Sep 2026	18 Sep 2026	Online	\$1,500

Start Date	End Date	Location	Price
21 Sep 2026	25 Sep 2026	Online	\$1,500
28 Sep 2026	02 Oct 2026	Online	\$1,500
05 Oct 2026	09 Oct 2026	Online	\$1,500
12 Oct 2026	16 Oct 2026	Online	\$1,500
19 Oct 2026	23 Oct 2026	Online	\$1,500
26 Oct 2026	30 Oct 2026	Online	\$1,500

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