

International Human Rights Law Training Course

Professional Development Training Course Outline

Category	Political Science and International Relations	Duration	5 Days
Base Fee	\$1,500 USD	Delivery Mode	Online / On-site Hybrid

Course Introduction

International Human Rights Law Training course is a comprehensive program designed to equip legal professionals, policymakers, and advocates with a robust understanding of the core principles, instruments, and mechanisms that govern international human rights. This course delves into the intricate web of **international treaties**, **customary law**, and **jurisprudence** that form the foundation of this crucial legal field. Participants will learn to critically analyze **human rights violations** and apply legal frameworks to protect vulnerable populations globally. We'll explore the historical evolution of human rights, from the **Universal Declaration of Human Rights (UDHR)** to contemporary challenges like digital rights and climate justice, providing a dynamic and relevant learning experience.

This program goes beyond theoretical knowledge to focus on **practical application** and **strategic advocacy**. We'll examine the roles of key institutions like the **United Nations (UN)** and regional bodies in monitoring and enforcing human rights. Through a blend of expert-led lectures and interactive workshops, participants will develop the skills to conduct effective **human rights investigations**, craft persuasive legal arguments, and engage in **strategic litigation**. By fostering a deep, practical understanding, this course empowers individuals to become powerful agents of change, ensuring accountability and promoting a culture of respect for human dignity and equality worldwide.

Programme Curriculum

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Course Objectives

1. **Master** the foundational principles and legal sources of **International Human Rights Law (IHRL)**.
2. **Analyze** the contemporary challenges to human rights, including **digital surveillance, AI ethics, and disinformation**.
3. **Evaluate** the effectiveness of UN and regional human rights mechanisms in addressing **atrocities crimes and mass atrocities**.
4. **Examine** the intersection of human rights with **climate change, environmental justice, and sustainable development**.
5. **Critically assess** the legal frameworks protecting the rights of **migrants, refugees, and displaced persons**.
6. **Develop** skills in **strategic litigation and advocacy** to hold states and non-state actors accountable.
7. **Understand** the role of **business and human rights** in global supply chains and corporate accountability.
8. **Explore** the unique challenges and protections for **vulnerable groups**, including women, children, and persons with disabilities.
9. **Analyze** the **humanitarian-human rights nexus** in armed conflict and post-conflict situations.
10. **Apply** a **human rights-based approach (HRBA)** to public policy and development programming.
11. **Interpret** the jurisprudence of international tribunals and courts, such as the **International Criminal Court (ICC)**.
12. **Investigate** and document human rights violations using **open-source intelligence (OSINT)** and digital forensics.
13. **Formulate** and present persuasive legal arguments in **mock tribunal settings** and case simulations.

Organizational Benefits

- Elevates staff knowledge in a critical, high-demand field, making the organization a leader in human rights advocacy.
- Equips teams to identify and address human rights risks, protecting the organization from reputational damage and legal liability.
- Fosters a deep understanding of international law, enabling more effective and targeted interventions and policy development.

- Demonstrates a commitment to upholding global standards, strengthening partnerships and attracting top talent.

Target Audience

1. Legal professionals, including lawyers, judges, and paralegals.
2. Staff of non-governmental organizations (NGOs) and civil society groups.
3. Government officials and policymakers in foreign affairs, justice, and defense.
4. Academics, researchers, and students in law, political science, and international relations.
5. Journalists and human rights investigators.
6. Corporate social responsibility (CSR) managers and compliance officers.
7. Military and law enforcement personnel.
8. United Nations and other international organization staff.

Course Outline

Module 1: Foundational Principles and History

- Sources of IHRL: Treaties, Customary Law, and Jurisprudence.
- The International Bill of Human Rights: UDHR, ICCPR, and ICESCR.
- Core Principles: Universality, Indivisibility, and Inalienability.
- Historical Evolution of Human Rights.
- **Case Study:** The **Nuremberg Trials** and the creation of international criminal accountability.

Module 2: UN Human Rights System

- The UN Charter-Based and Treaty-Based Bodies.
- The Role of the Human Rights Council and the Office of the High Commissioner for Human Rights (OHCHR).
- Special Procedures and the Universal Periodic Review (UPR).
- Individual and State Complaint Mechanisms.
- **Case Study:** The **UPR of China**, examining international scrutiny of its human rights record.

Module 3: Regional Human Rights Systems

- African, European, and Inter-American Human Rights Systems.
- Key Institutions: The European Court of Human Rights (ECtHR) and the Inter-American Court of Human Rights.
- Comparative Analysis of Regional Jurisprudence.
- Challenges and Successes of Regional Bodies.
- **Case Study:** The **Ocalan v. Turkey** case at the ECtHR, analyzing the right to a fair trial and the prohibition of torture.

Module 4: IHRL in Armed Conflict

- The Relationship between International Humanitarian Law (IHL) and IHRL.
- Protection of Civilians in Armed Conflict.
- Accountability for War Crimes and Crimes Against Humanity.
- Human Rights of Soldiers and Combatants.
- **Case Study:** The **Srebrenica genocide** and the role of the International Criminal Tribunal for the former Yugoslavia (ICTY) in prosecuting war crimes.

Module 5: Rights of Vulnerable Groups

- Rights of Women and the Convention on the Elimination of All Forms of Discrimination against Women (CEDAW).
- Rights of the Child and the Convention on the Rights of the Child (CRC).
- Rights of Indigenous Peoples and Persons with Disabilities.
- Combating Discrimination and Hate Speech.
- **Case Study:** The **forced sterilization of Indigenous women** in Canada, highlighting systemic discrimination and reparations.

Module 6: Business and Human Rights

- The UN Guiding Principles on Business and Human Rights.
- Corporate Social Responsibility and Due Diligence.
- Accountability for Corporate Human Rights Abuses.
- Legal and Reputational Risks for Companies.
- **Case Study:** The **Bhopal gas tragedy**, examining corporate negligence and the long-term impact on affected communities.

Module 7: Climate Change and Human Rights

- The right to a healthy environment.
- Impact of Climate Change on Human Rights: Water, Food, and Health.
- Litigation and Advocacy for Climate Justice.
- IHRL Obligations of States in Climate Policy.
- **Case Study:** The ***Urgenda Foundation v. State of the Netherlands*** case, where a national court ordered the government to cut greenhouse gas emissions.

Module 8: Digital Rights and Emerging Issues

- Freedom of Expression and Privacy in the Digital Age.
- Human Rights Implications of AI and Algorithmic Bias.
- Cybersecurity and its Impact on Human Rights.
- Combating Disinformation and Online Hate Speech.
- **Case Study:** The **Edward Snowden leaks**, revealing mass surveillance and sparking a global debate on digital privacy.

Training Methodology

This course uses a **blended learning approach** that combines interactive, instructor-led sessions with practical, hands-on activities. Our methodology is designed to move beyond passive learning to active engagement and skill-building. Key elements include:

- **Case Study-Based Learning:** Real-world examples and historical cases are used to apply theoretical concepts.
- **Interactive Workshops:** Participants engage in group discussions, role-playing, and problem-solving exercises.
- **Mock Tribunals and Simulations:** Provides a realistic environment to practice legal argumentation and advocacy.
- **Guest Lectures:** Experts and practitioners from leading human rights organizations share insights and real-world experiences.

- **Digital Tools and Resources:** Utilization of online platforms for collaborative projects, research, and resource sharing.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.com or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- a. The participant must be conversant with English.
- b. Upon completion of training the participant will be issued with an Authorized Training Certificate
- c. Course duration is flexible and the contents can be modified to fit any number of days.
- d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- e. One-year post-training support Consultation and Coaching provided after the course.
- f. Payment should be done at least a week before commence of the training, to FINESKILL TRAINING CENTER account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
07 Sep 2026	11 Sep 2026	Physical	\$1,500
14 Sep 2026	18 Sep 2026	Physical	\$1,500
21 Sep 2026	25 Sep 2026	Physical	\$1,500
28 Sep 2026	02 Oct 2026	Physical	\$1,500
05 Oct 2026	09 Oct 2026	Physical	\$1,500
12 Oct 2026	16 Oct 2026	Physical	\$1,500
19 Oct 2026	23 Oct 2026	Physical	\$1,500

Start Date	End Date	Location	Price
26 Oct 2026	30 Oct 2026	Physical	\$1,500

Ready to enroll or request a customized program? Book online or contact us:

[Register Online Now](#)

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