

# Rock Burst Prevention Training Course

## Professional Development Training Course Outline

|          |                  |               |                         |
|----------|------------------|---------------|-------------------------|
| Category | General Training | Duration      | 5 Days                  |
| Base Fee | \$1,500 USD      | Delivery Mode | Online / On-site Hybrid |

### Course Introduction

Rock bursts are among the most critical geotechnical hazards in deep underground mining, posing significant risks to worker safety, infrastructure stability, and operational continuity. With increasing mining depths and high-stress environments, the occurrence of dynamic rock failure, seismic events, and stress-induced rock mass instability has intensified. Rock Burst Prevention Training Course provides cutting-edge insights into rock burst mechanisms, real-time monitoring systems, predictive analytics, and advanced mitigation strategies, equipping professionals with the skills to proactively manage seismic hazards.

The training integrates data-driven risk assessment, artificial intelligence in geotechnical monitoring, seismic hazard modelling, and sustainable mining practices. Participants will gain practical expertise in early warning systems, stress control techniques, support design optimization, and emergency response planning. By leveraging global best practices and case studies, this course empowers mining professionals to enhance safety performance, operational efficiency, and regulatory compliance in high-risk underground environments.

### Programme Curriculum

#### Rock Burst Prevention Training Course

##### Introduction

Rock bursts are among the most critical geotechnical hazards in deep underground mining, posing significant risks to worker safety, infrastructure stability, and operational continuity. With increasing mining depths and high-stress environments, the occurrence of dynamic rock failure, seismic events, and stress-induced rock mass instability has intensified. Rock Burst Prevention Training Course provides cutting-edge insights into rock burst mechanisms, real-time monitoring systems, predictive analytics, and advanced mitigation strategies, equipping professionals with the skills to proactively manage seismic hazards.

The training integrates data-driven risk assessment, artificial intelligence in geotechnical monitoring, seismic hazard modelling, and sustainable mining practices. Participants will gain practical expertise in early warning systems, stress control techniques, support design optimization, and emergency response planning. By leveraging global best practices and case studies, this course empowers mining professionals to enhance safety performance, operational efficiency, and regulatory compliance in high-risk underground environments.

### **Course Duration**

5 days

### **Course Objectives**

1. Understand rock burst mechanisms and dynamic failure processes
2. Apply geotechnical risk assessment and hazard mapping techniques
3. Analyze mine-induced seismicity using advanced monitoring systems
4. Implement real-time seismic data analytics and predictive modelling
5. Design rock support systems for high-stress environments
6. Utilize AI and machine learning for rock burst prediction
7. Optimize mine layouts to minimize stress concentrations
8. Develop early warning systems and risk mitigation frameworks
9. Apply numerical modelling and simulation tools
10. Enhance ground control management strategies
11. Evaluate case-based failure analysis for continuous improvement
12. Ensure compliance with international safety standards
13. Strengthen emergency preparedness and incident response planning

### **Target Audience**

1. Mining Engineers
2. Geotechnical Engineers
3. Rock Mechanics Specialists
4. Underground Mine Supervisors
5. Safety and Risk Management Officers
6. Seismologists and Geoscientists
7. Mine Planning Engineers
8. Regulatory and Compliance Professionals

### **Course Modules**

#### **Module 1: Fundamentals of Rock Burst Phenomena**

- Definition and classification of rock bursts
- Stress-strain behavior of rock masses
- Energy release mechanisms
- Geological and mining triggers
- Indicators of potential rock bursts
- **Case Study:** Deep-level gold mining seismic events (South Africa)

#### **Module 2: Rock Mechanics and Stress Analysis**

- In-situ stress measurement techniques
- Stress redistribution in mining

- Elastic vs plastic deformation
- Numerical modelling basics
- Stress concentration zones
- **Case Study:** Canadian hard rock mine stress modelling

### **Module 3: Mine Seismicity and Monitoring Systems**

- Seismic monitoring technologies
- Microseismic data interpretation
- Sensor placement strategies
- Data acquisition systems
- Real-time monitoring dashboards
- **Case Study:** Australian mine seismic monitoring system

### **Module 4: Risk Assessment and Hazard Mapping**

- Rock burst risk classification systems
- Hazard zoning and mapping
- Probability-based risk models
- Data integration techniques
- Risk visualization tools
- **Case Study:** Chilean underground copper mine hazard mapping

### **Module 5: Rock Support and Ground Control**

- Dynamic support systems
- Rock bolting and reinforcement techniques
- Shotcrete and mesh applications
- Energy-absorbing support design
- Support performance monitoring
- **Case Study:** Scandinavian tunnel support systems

### **Module 6: Prevention and Mitigation Strategies**

- Stress relief techniques
- Mine design optimization
- Controlled blasting practices
- Preconditioning methods
- Barrier pillar design
- **Case Study:** Deep mining destress blasting in South Africa

### **Module 7: Technology and Innovation in Rock Burst Management**

- AI and machine learning applications
- Predictive analytics tools
- Digital twins in mining
- Automation and remote monitoring
- Integration of IoT systems
- **Case Study:** Smart mining operations in Canada

### **Module 8: Emergency Response and Safety Management**

- Rock burst emergency protocols
- Evacuation planning
- Incident investigation techniques
- Safety leadership and communication
- Continuous improvement frameworks
- **Case Study:** Post-rock burst recovery strategy (China)

## Training Methodology

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

## Register as a group from 3 participants for a Discount

Send us an email: [info@fineskilltrainingcenter.org](mailto:info@fineskilltrainingcenter.org) or call +254769199797

## Certification

*Upon successful completion of this training, participants will be issued with a globally- recognized certificate.*

## Tailor-Made Course

*We also offer tailor-made courses based on your needs.*

## Key Notes

- The participant must be conversant with English.
- Upon completion of training the participant will be issued with an Authorized Training Certificate
- Course duration is flexible and the contents can be modified to fit any number of days.
- The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- One-year post-training support Consultation and Coaching provided after the course.
- Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

## Upcoming Scheduled Sessions

| Start Date | End Date | Location | Price |
|------------|----------|----------|-------|
|------------|----------|----------|-------|

|                    |             |          |         |
|--------------------|-------------|----------|---------|
| <b>07 Sep 2026</b> | 11 Sep 2026 | Online   | \$1,000 |
| <b>07 Sep 2026</b> | 11 Sep 2026 | Physical | \$1,500 |
| <b>14 Sep 2026</b> | 18 Sep 2026 | Online   | \$1,000 |
| <b>14 Sep 2026</b> | 18 Sep 2026 | Physical | \$1,500 |
| <b>21 Sep 2026</b> | 25 Sep 2026 | Online   | \$1,000 |
| <b>21 Sep 2026</b> | 25 Sep 2026 | Physical | \$1,500 |
| <b>28 Sep 2026</b> | 02 Oct 2026 | Online   | \$1,000 |
| <b>28 Sep 2026</b> | 02 Oct 2026 | Physical | \$1,500 |

Ready to enroll or request a customized program? Book online or contact us:

[Register Online Now](#)

Email: [info@fineskilltrainingcenter.com](mailto:info@fineskilltrainingcenter.com) | Website: [www.fineskilltrainingcenter.com](http://www.fineskilltrainingcenter.com)