

Scrum Ceremonies in Depth Training Course

Professional Development Training Course Outline

Category	Project Management	Duration	5 Days
Base Fee	\$1,500 USD	Delivery Mode	Online / On-site Hybrid

Course Introduction

Scrum has emerged as one of the most widely adopted agile frameworks for delivering complex projects efficiently. Understanding Scrum ceremonies is crucial for maximizing team collaboration, ensuring transparency, and achieving high-quality deliverables. Scrum Ceremonies in Depth Training Course provides a comprehensive, hands-on exploration of all core Scrum ceremonies including Sprint Planning, Daily Scrum, Sprint Review, and Sprint Retrospective allowing participants to master their roles, responsibilities, and best practices within each ceremony. By the end of the training, participants will be able to facilitate and participate in Scrum events that drive team alignment, predictability, and business value delivery.

In an era of rapid digital transformation and dynamic project environments, organizations need teams that are adaptive, engaged, and capable of continuous improvement. This course equips learners with practical skills for optimizing Scrum ceremonies, leveraging agile metrics, and fostering collaboration across product owners, Scrum Masters, and development teams. Participants will also gain insights into common pitfalls, scaling challenges, and advanced facilitation techniques to enhance productivity, engagement, and stakeholder satisfaction in agile projects.

Programme Curriculum

Scrum Ceremonies in Depth Training Course

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Course Objectives

1. Understand the purpose, structure, and benefits of all Scrum ceremonies.
2. Apply best practices for facilitating Sprint Planning sessions effectively.
3. Master techniques to conduct efficient and engaging Daily Scrums.
4. Execute productive Sprint Review meetings with stakeholder involvement.
5. Lead Sprint Retrospectives that generate actionable improvement plans.
6. Integrate backlog refinement sessions to maintain high-quality product backlogs.
7. Utilize metrics and reporting to track ceremony effectiveness and team performance.
8. Identify common pitfalls in Scrum ceremonies and implement corrective actions.
9. Enhance team collaboration, communication, and engagement during ceremonies.
10. Leverage agile tools and software to manage and document Scrum events.
11. Understand the roles and responsibilities of Scrum Masters, Product Owners, and Development Teams.
12. Facilitate virtual Scrum ceremonies in distributed teams efficiently.
13. Develop strategies to scale Scrum ceremonies in large, complex projects.

Organizational Benefits

- Improved team collaboration and communication
- Enhanced visibility and transparency of project progress
- Increased predictability and delivery of business value
- Optimized facilitation of Scrum ceremonies
- Faster identification and resolution of project impediments
- Greater engagement and accountability across team members
- Better alignment with agile principles and organizational goals
- Stronger stakeholder participation and satisfaction
- Continuous improvement culture embedded in teams
- Efficient use of agile tools and ceremony metrics

Target Audiences

- Scrum Masters and Agile Coaches
- Product Owners and Product Managers
- Development Team Members
- Project Managers transitioning to agile
- Program Managers overseeing multiple agile teams

- Agile Trainers and Consultants
- QA and Testing Professionals in Scrum teams
- Organizational leaders seeking agile adoption insights

Course Duration: 5 days

Course Modules

Module 1: Overview of Scrum Ceremonies

- Introduction to Scrum and its framework
- Purpose and value of Scrum ceremonies
- Roles involved in each ceremony
- Key principles and guidelines for effective ceremonies
- Common challenges and solutions in ceremony execution
- Case Study: Analysis of a Scrum team improving delivery through optimized ceremonies

Module 2: Sprint Planning

- Preparing for a successful Sprint Planning session
- Setting clear Sprint Goals and priorities
- Techniques for collaborative task estimation
- Role of Product Owner and Development Team in planning
- Best practices for time-boxed planning sessions
- Case Study: Sprint Planning session that improved team velocity

Module 3: Daily Scrum

- Purpose and structure of the Daily Scrum
- Techniques to keep meetings focused and time-boxed
- Role of Scrum Master in facilitating Daily Scrums
- Encouraging team accountability and transparency
- Using metrics and task boards during Daily Scrum
- Case Study: Daily Scrum optimization for distributed teams

Module 4: Sprint Review

- Planning and conducting an effective Sprint Review
- Engaging stakeholders and gathering feedback
- Demonstrating completed work and product increments
- Incorporating lessons learned into backlog refinement
- Best practices for documenting and communicating outcomes
- Case Study: Sprint Review leading to improved stakeholder collaboration

Module 5: Sprint Retrospective

- Purpose and structure of Retrospectives
- Techniques for gathering honest team feedback
- Facilitating actionable improvement plans
- Encouraging team reflection and continuous learning
- Measuring impact of implemented actions over time
- Case Study: Retrospective that resolved recurring team impediments

Module 6: Backlog Refinement

- Definition and purpose of backlog refinement sessions
- Prioritization and grooming techniques
- Role of Product Owner and team collaboration
- Updating estimates and splitting large items
- Using backlog to guide upcoming Sprint Planning
- Case Study: Refinement session that improved backlog clarity and readiness

Module 7: Advanced Facilitation Techniques

- Handling conflicts and impediments in ceremonies
- Using facilitation tools and techniques to improve engagement
- Encouraging participation from all team members
- Managing remote and distributed team ceremonies
- Leveraging metrics to drive continuous improvement
- Case Study: Application of advanced facilitation in a high-performing Scrum team

Module 8: Scaling Scrum Ceremonies

- Adapting Scrum ceremonies for multiple teams
- Coordination and synchronization across teams
- Roles and responsibilities in scaled environments
- Tools and frameworks for scaling Scrum events
- Managing inter-team dependencies and communication
- Case Study: Scaling Scrum ceremonies across a multi-team agile project

Training Methodology

- Instructor-led presentations and theoretical briefings
- Interactive workshops with real-life Scrum scenarios
- Hands-on exercises for planning, review, and retrospective sessions

- Group discussions, role-plays, and collaborative problem-solving
- Case study analysis to reinforce learning outcomes
- Practical application of agile tools and Scrum metrics

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.com or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- a. The participant must be conversant with English.
- b. Upon completion of training the participant will be issued with an Authorized Training Certificate
- c. Course duration is flexible and the contents can be modified to fit any number of days.
- d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- e. One-year post-training support Consultation and Coaching provided after the course.
- f. Payment should be done at least a week before commence of the training, to FINESKILL TRAINING CENTER account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
07 Sep 2026	11 Sep 2026	Physical	\$1,500
14 Sep 2026	18 Sep 2026	Physical	\$1,500
21 Sep 2026	25 Sep 2026	Physical	\$1,500
28 Sep 2026	02 Oct 2026	Physical	\$1,500
05 Oct 2026	09 Oct 2026	Physical	\$1,500

Start Date	End Date	Location	Price
12 Oct 2026	16 Oct 2026	Physical	\$1,500
19 Oct 2026	23 Oct 2026	Physical	\$1,500
26 Oct 2026	30 Oct 2026	Physical	\$1,500

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