The Economics of Sanctions and Economic Coercion Training Course

Professional Development Training Course Outline

Category	Defense and Security	**Duration**	5 Days
Base Fee	$1,500 USD	**Delivery Mode**	Online / On-site Hybrid

Course Introduction

Economic sanctions and coercive financial measures have become central instruments of geopolitical strategy, influencing global trade, cross-border investments, diplomatic relations, and the structure of international markets. As nations deploy sanctions to pressure adversaries, enforce human rights norms, or counter security threats, the economic implications for governments, corporations, financial institutions, and entire regional economies have grown increasingly complex. The Economics of Sanctions and Economic Coercion Training Course explores the economic mechanisms, strategic motivations, and policy impacts of sanctions and coercive tools, equipping participants with the analytical frameworks needed to interpret economic pressure in a rapidly evolving global landscape.

Learners will examine how sanctions affect supply chains, currency flows, financial compliance, global energy markets, multinational corporations, and vulnerable economies. The course integrates real-world case studies, global regulatory frameworks, and quantitative approaches to evaluating economic disruption and resilience. Participants will gain the insight to assess economic risks, predict counter-measures, understand geopolitical incentives, and evaluate the broader macroeconomic impact of sanctions across international systems.

Programme Curriculum

The Economics of Sanctions and Economic Coercion Training Course

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Course Objectives

1. Understand the economic logic and strategic motivations behind sanctions and coercive tools.
2. Analyze the macroeconomic effects of sanctions on targeted states and global markets.
3. Assess sector-specific disruptions, including energy, manufacturing, and financial flows.
4. Evaluate compliance frameworks and regulatory structures governing sanction regimes.
5. Identify the economic vulnerabilities that sanctions exploit within national economies.
6. Examine the impact of secondary sanctions on multinational corporations and banks.
7. Explore digital sanctions, cybersecurity restrictions, and financial technology controls.
8. Assess humanitarian consequences and mitigation strategies for civilian populations.
9. Analyze evasion tactics, sanctions-busting networks, and illicit trade responses.
10. Build analytical models to forecast economic pressure outcomes and policy ripple effects.
11. Compare sanction strategies across major powers and international alliances.
12. Examine political, diplomatic, and economic counter-measures taken by targeted states.
13. Strengthen analytical capacity to interpret sanctions within global geopolitical competition.

Organizational Benefits

- Improved analytical capability to assess global economic risks
- Stronger compliance readiness for international regulatory demands
- Better understanding of geopolitical business risks in sanctioned regions
- Enhanced capacity to forecast market disruptions and financial exposure
- Strengthened resilience planning across supply chains and operations
- Improved ability to evaluate investment and trade risks
- Increased institutional awareness of illicit finance and sanctions evasion
- Greater accuracy in policy interpretation and strategic decision-making
- Stronger internal training foundation for compliance and risk staff
- Enhanced reputation through responsible and informed global engagement

Target Audiences

- Government policy analysts and economic planners
- Financial institutions and compliance departments
- International trade and investment professionals
- Intelligence and national security analysts
- Diplomats and foreign affairs practitioners
- Analysts in think tanks, academia, and research institutes
- Risk managers in multinational corporations
- Humanitarian and development agency strategists

Course Duration: 5 days

Course Modules

Module 1: Foundations of Economic Sanctions

- Define sanctions, embargoes, financial restrictions, and coercive tools
- Understand political and economic drivers behind sanctions
- Explore the evolution of sanctions in international relations
- Identify major sanctioning bodies and global governance structures
- Assess compliance requirements for institutions and governments
- Case Study: The global economic impact of the Iran sanctions

Module 2: Macroeconomic Impact of Sanctions

- Analyze effects on GDP, inflation, and national revenue
- Interpret disruptions across trade, supply chains, and investment flows
- Examine impacts on currency stability and exchange market dynamics
- Evaluate consequences for domestic fiscal and monetary policy
- Explore long-term restructuring of affected economies
- Case Study: Russia's economic adaptation strategies

Module 3: Sector-Specific Effects of Sanctions

- Assess sanctions targeting energy, mining, agriculture and manufacturing
- Explore disruptions to global energy markets and commodity flows
- Evaluate financial sanctions affecting banking and capital markets
- Understand impacts on transport, shipping, and logistics sectors
- Examine private sector compliance and operational risk
- Case Study: Sanctions on Venezuela's oil sector

Module 4: Financial Compliance & Regulatory Architecture

- Map global sanctions frameworks and enforcement agencies
- Review reporting obligations for banks and multinationals
- Understand due diligence, monitoring, and risk-scoring frameworks
- Evaluate cross-border financial restrictions and frozen-asset controls
- Identify penalties and liabilities for non-compliance
- Case Study: Major bank fined for sanctions violations

Module 5: Evasion, Illicit Trade & Shadow Networks

- Identify common sanctions-evasion strategies and intermediaries
- Examine the role of shell companies and informal trade networks
- Explore cryptocurrency use in bypassing financial restrictions
- Assess maritime evasion methods and disguised shipments
- Understand monitoring systems used to detect illicit flows
- Case Study: North Korea's sanctions-busting operations

Module 6: Humanitarian, Social & Governance Impacts

- Assess impacts on public welfare, food security, and essential goods

- Evaluate unintended consequences on civilians and vulnerable groups
- Explore humanitarian exemptions and aid pathways
- Understand governance deterioration under long-term sanctions
- Examine political instability caused by economic coercion
- Case Study: Humanitarian crisis under Iraq sanctions

Module 7: Counter-Measures & Strategic Responses

- Examine economic diversification and self-reliance strategies
- Explore currency swaps, parallel financial systems, and trade alliances
- Understand foreign policy realignment as a sanction response
- Review legal, diplomatic, and technological counter-strategies
- Evaluate resilience-building policies for targeted economies
- Case Study: China's economic counter-coercion tools

Module 8: Future Trends in Economic Coercion

- Assess digital sanctions and restrictions on emerging technologies
- Explore AI-enabled compliance tools and monitoring systems
- Interpret the rise of weaponized interdependence in global trade
- Evaluate global power competition shaping sanctions use
- Predict long-term trends in economic statecraft
- Case Study: Technology-focused sanctions in the US-China rivalry

Training Methodology

- Instructor-led presentations using real-world economic scenarios
- Group exercises analyzing sanction impacts across sectors
- Case study discussions on major global sanction regimes
- Practical modelling of economic effects using analytical tools
- Policy simulations to understand coercive decision-making
- Interactive sessions supported by templates and compliance tools

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.com or call *+254769199797*

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

a. The participant must be conversant with English.

b. Upon completion of training the participant will be issued with an Authorized Training Certificate

c. Course duration is flexible and the contents can be modified to fit any number of days.

d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.

e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to FINESKILL TRAINING CENTER account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
07 Sep 2026	11 Sep 2026	Physical	$1,500
14 Sep 2026	18 Sep 2026	Physical	$1,500
21 Sep 2026	25 Sep 2026	Physical	$1,500
28 Sep 2026	02 Oct 2026	Physical	$1,500
05 Oct 2026	09 Oct 2026	Physical	$1,500
12 Oct 2026	16 Oct 2026	Physical	$1,500
19 Oct 2026	23 Oct 2026	Physical	$1,500
26 Oct 2026	30 Oct 2026	Physical	$1,500

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