

Training Course on ARC Flash Hazard Analysis

Professional Development Training Course Outline

Category	Development	Duration	10 Days
Base Fee	\$3,000 USD	Delivery Mode	Online / On-site Hybrid

Course Introduction

Electrical safety in the workplace is paramount, and understanding and mitigating **arc flash hazards** is a critical component of any comprehensive safety program. This training course provides a thorough exploration of **arc flash phenomena**, equipping participants with the knowledge and skills necessary to perform accurate **arc flash hazard analysis**, implement effective **risk mitigation strategies**, and comply with relevant **electrical safety standards** such as **NFPA 70E** and **IEEE 1584**. By understanding the principles behind **arc flash incidents**, learning to calculate **incident energy**, and implementing appropriate **personal protective equipment (PPE)** and **safety procedures**, organizations can significantly reduce the risk of severe injuries, fatalities, and costly equipment damage. This course emphasizes practical application through real-world case studies and hands-on exercises, ensuring participants can confidently apply their learning in their respective work environments to foster a culture of **electrical safety awareness** and **proactive hazard prevention**.

This comprehensive training program delves into the intricacies of **arc flash hazard analysis**, covering everything from the fundamental physics of an arc flash to the practical steps involved in conducting a detailed study. Participants will gain a deep understanding of **arc flash boundaries**, **hazard risk categories**, and the selection and use of appropriate **arc-rated clothing**. The course also emphasizes the importance of **electrical safety program development**, including **lockout/tagout procedures**, **safe work practices**, and regular **safety audits**. By investing in this training, organizations empower their employees to identify, assess, and control **electrical hazards**, leading to a safer working environment, reduced downtime, and compliance with stringent **regulatory requirements**. This training is essential for anyone working with or near energized electrical equipment, contributing to a significant improvement in overall workplace safety and operational efficiency.

Programme Curriculum

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Course Duration

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Course Objectives

Upon completion of this training course, participants will be able to:

1. Define and explain the phenomenon of **arc flash** and its potential consequences.
2. Identify relevant **electrical safety standards** including **NFPA 70E** and **IEEE 1584**.
3. Understand the factors that influence **arc flash incident energy**.
4. Perform basic calculations for determining **arc flash boundaries**.
5. Interpret **arc flash hazard analysis** reports and labeling requirements.
6. Select and correctly use appropriate **personal protective equipment (PPE)** for various arc flash hazard levels.
7. Implement effective **lockout/tagout (LOTO) procedures** to de-energize equipment safely.
8. Develop and implement **safe work practices** for energized electrical work.
9. Understand the principles of **arc flash risk assessment** and mitigation.
10. Identify different types of **arc flash protection devices** and their applications.
11. Conduct a basic **on-site electrical safety audit** to identify potential hazards.
12. Understand the importance of **electrical safety training** and continuous improvement.
13. Apply strategies for fostering a strong **electrical safety culture** within their organization.

Organizational Benefits

Implementing this ARC Flash Hazard Analysis training will provide numerous benefits to your organization, including:

- **Reduced risk of electrical injuries and fatalities:** Proactive hazard identification and mitigation significantly decrease the likelihood of arc flash incidents.
- **Improved workplace safety culture:** Enhanced awareness and knowledge promote a safety-conscious environment among employees.
- **Compliance with regulatory requirements:** Adherence to standards like NFPA 70E and IEEE 1584 helps avoid penalties and legal liabilities.
- **Minimized equipment downtime and repair costs:** Preventing arc flash incidents reduces damage to electrical equipment and associated operational disruptions.
- **Increased employee confidence and productivity:** A safer working environment fosters trust and improves employee morale and efficiency.
- **Lower insurance premiums:** Demonstrating a commitment to electrical safety can potentially lead to reduced insurance costs.
- **Enhanced company reputation:** A strong safety record enhances the organization's image and credibility.
- **Improved understanding of electrical systems:** Training provides a deeper understanding of the organization's electrical infrastructure.

Target Audience

1. Electricians
2. Electrical Engineers
3. Maintenance Technicians
4. Safety Managers
5. Facility Managers
6. Supervisors and Team Leaders
7. Qualified Electrical Workers
8. Anyone responsible for electrical safety in the workplace

Course Outline

Module 1: Introduction to Electrical Safety and Arc Flash Hazards

- Fundamentals of electricity and electrical hazards.
- Defining arc flash and its causes.
- Statistical overview of arc flash incidents and their impact.
- Understanding the difference between arc flash, arc blast, and electrical shock.
- Importance of electrical safety programs and training.

Module 2: Relevant Electrical Safety Standards and Regulations

- In-depth review of **NFPA 70E: Standard for Electrical Safety in the Workplace.**
- Understanding **IEEE 1584: Guide for Performing Arc-Flash Hazard Calculations.**
- Overview of OSHA regulations related to electrical safety.
- Other relevant national and international electrical safety standards.
- Legal and ethical responsibilities related to electrical safety.

Module 3: The Physics of Arc Flash and Incident Energy

- How an arc flash occurs and the factors involved.
- Understanding fault current and its impact on arc flash severity.

- Exploring the concept of incident energy and its measurement.
- Factors influencing incident energy (voltage, current, clearing time, distance).
- Introduction to arc flash calculation methods.

Module 4: Performing Arc Flash Hazard Analysis - Data Collection

- Identifying the scope of an arc flash hazard analysis.
- Gathering essential electrical system data (single-line diagrams, equipment ratings).
- Understanding protective device characteristics (circuit breakers, fuses).
- Collecting conductor and grounding information.
- Importance of accurate data collection for reliable analysis.

Module 5: Performing Arc Flash Hazard Analysis - Calculation Methods

- Overview of different arc flash calculation software and tools.
- Manual calculation methods based on IEEE 1584.
- Understanding the assumptions and limitations of various calculation methods.
- Interpreting calculation results and their significance.
- Practical exercises in basic arc flash calculations.

Module 6: Understanding Arc Flash Boundaries and Hazard Risk Categories

- Defining and calculating the Arc Flash Boundary.
- Understanding the Limited Approach Boundary, Restricted Approach Boundary, and Prohibited Approach Boundary.
- Introduction to Hazard Risk Categories (HRC) according to NFPA 70E.
- Understanding the relationship between incident energy and HRC.
- Practical application of boundary and HRC concepts.

Module 7: Selection and Use of Personal Protective Equipment (PPE)

- Understanding the requirements for arc-rated clothing and equipment.
- Selecting appropriate PPE based on incident energy levels and HRC.
- Proper inspection, care, and maintenance of arc flash PPE.
- Layering of PPE and its impact on protection.
- Practical demonstration of donning and doffing arc flash PPE.

Module 8: Implementing Lockout/Tagout (LOTO) Procedures

- Importance of de-energizing electrical equipment before work.
- Developing and implementing effective LOTO procedures.
- Understanding different types of lockout devices and tags.
- Group lockout and complex LOTO scenarios.
- Verification of de-energization and safe work permits.

Module 9: Safe Work Practices for Energized Electrical Work

- When energized work is permitted and justification requirements.
- Developing and using written energized electrical work permits.
- Job safety planning and risk assessment for energized tasks.
- Use of insulated tools and equipment.
- Maintaining safe working distances and awareness of surroundings.

Module 10: Arc Flash Risk Assessment and Mitigation Strategies

- Identifying potential arc flash hazards in the workplace.
- Evaluating the likelihood and severity of arc flash events.
- Implementing the hierarchy of controls for risk mitigation (elimination, substitution, engineering controls, administrative controls, PPE).
- Focus on engineering controls such as current-limiting devices and high-resistance grounding.
- Developing and implementing an arc flash risk assessment program.

Module 11: Arc Flash Protection Devices and Systems

- Overview of different types of overcurrent protective devices (circuit breakers, fuses).
- Understanding the operating characteristics and limitations of these devices.
- Introduction to arc flash relays and zone-selective interlocking.
- High-resistance grounding systems and their impact on arc flash.
- Maintenance and testing of arc flash protection devices.

Module 12: Electrical Safety Program Development and Implementation

- Key elements of a comprehensive electrical safety program.
- Developing written safety policies and procedures.
- Implementing regular safety audits and inspections.
- Establishing clear roles and responsibilities for electrical safety.
- Communication and enforcement of safety rules and regulations.

Module 13: Electrical Safety Training and Continuous Improvement

- Importance of qualified and competent electrical workers.
- Developing and delivering effective electrical safety training programs.
- Record-keeping requirements for training and qualifications.
- The role of refresher training and ongoing education.
- Implementing a continuous improvement process for electrical safety.

Module 14: Case Studies and Lessons Learned from Arc Flash Incidents

- Review of real-world arc flash incident case studies.
- Analyzing the causes and consequences of these incidents.
- Identifying lessons learned and best practices for prevention.
- Understanding the human factors involved in electrical accidents.
- Applying lessons learned to improve organizational safety practices.

Module 15: On-site Electrical Safety Audits and Best Practices

- Planning and conducting effective electrical safety audits.
- Identifying common electrical hazards and violations.
- Developing corrective actions and recommendations.
- Implementing best practices for electrical safety in various industrial and commercial settings.
- Resources and tools for ongoing electrical safety management.

Training Methodology

This training course will utilize a blended learning approach incorporating:

- **Interactive lectures and presentations:** To convey core concepts and principles.

- **Case studies and real-world examples:** To illustrate practical applications and lessons learned.
- **Group discussions and Q&A sessions:** To encourage engagement and knowledge sharing.
- **Hands-on exercises and simulations (where applicable):** To provide practical application of learned skills.
- **Visual aids and multimedia resources:** To enhance understanding and retention.
- **Quizzes and assessments:** To evaluate participant comprehension and knowledge.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.com or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- The participant must be conversant with English.
- Upon completion of training the participant will be issued with an Authorized Training Certificate
- Course duration is flexible and the contents can be modified to fit any number of days.
- The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- One-year post-training support Consultation and Coaching provided after the course.
- Payment should be done at least a week before commence of the training, to FINESKILL TRAINING CENTER account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
07 Sep 2026	18 Sep 2026	Physical	\$3,000
14 Sep 2026	25 Sep 2026	Physical	\$3,000

Start Date	End Date	Location	Price
21 Sep 2026	02 Oct 2026	Physical	\$3,000
28 Sep 2026	09 Oct 2026	Physical	\$3,000
05 Oct 2026	16 Oct 2026	Physical	\$3,000
12 Oct 2026	23 Oct 2026	Physical	\$3,000
19 Oct 2026	30 Oct 2026	Physical	\$3,000
26 Oct 2026	06 Nov 2026	Physical	\$3,000

Ready to enroll or request a customized program? Book online or contact us:

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